

Mitigation Nagaoka Disaster Archive Center Kioku Mirai, where you can

learn the lessons of the disaster and the history of restoration and reconstruction

area Nagaoka



Learning about the experiences of the Chuetsu Earthquake and

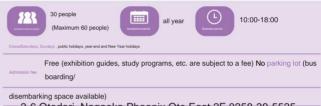
other disasters to raise awareness of disaster prevention

Evacuation behavior after the Great Chuetsu Earthquake of 2004, experiences of shelter life and shelter goods, and a special exhibition (Disaster Prevention in the Future) on the theme of preparations that can be made on a daily basis based on case studies. It is mainly used for disaster prevention learning, mainly for generations who do not know the Great Chuetsu Earthquake, such as disaster prevention crafts using familiar things, disaster prevention workshops to think about the best decisions in disaster areas, and video archive theater.









2-6 Otedori, Nagaoka Phoenix Ote East 2F 0258-39-5525

http://www.c-marugoto.jp/nagaoka/

Chuetsu Memorial Corridor Kawaguchi Kizuna Museum



area Yamakoshi







Continuing the story of bonds

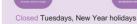
In Kawaguchi, the epicenter of the Chuetsu Earthquake that occurred in 2004 (Heisei 16), we introduce the story of "bonds" that sprouted during the restoration and reconstruction. We will also convey the importance of the new "bonds" that will sprout in the future. We will respond to your request, such as a disaster prevention experience program (charged). Exhibits/

Chronological Table in Kawaguchi Area)/Stories of Bonds



10:00-17:00





30 people

Free admission (learning programs are charged)

Please inquire about the parking lot (parking lot in the sports park, free of charge)

- Nagaoka Kawaguchi Nakayama 1441
- @ 0258-89-3620 https://m.facebook.com/kawaguchipark

Learn about the history of Yamakoshi restoration and reconstruction

Photographs, videos, and projections of Yamakoshi, which has overcome

the devastating damage caused by the Great Chuetsu Earthquake of October 23, 2004, and continues to move toward recovery and

Yamakoshi Guide Recommended Course (2 hours) Yamakoshi Guide Premium Course (2.5 hours) Disaste Mitigation Education Program (2 hours) Storyteller (45 minutes to 1 hour) *Please refer to the website for details of each course

reconstruction. Introduced by mapping.



1st floor 9:00-17:00 2nd

Closed Mondays, New Year holidays

Free admission (learning programs are charged)

Free parking for 8 large buses

- 2835 Takezawako, Yamakoshi, Nagaoka City
- <u>0258-41-1203 https://reserve.orataru.net/disaster-mitigation/120/</u>



Peace culture Learn about the air raids of Nagaoka and think about the preciousness of

peaceMichi -no-Eki Nagaoka Fireworks MuseumA museum

area Nagaoka



where you can learn about the thoughts that Nagaoka people

put into their fireworks

In addition to the dome theater where you can experience the charm of Nagaoka fireworks with powerful sound and images, there is a huge screen where you can enjoy fireworks games in the exhibition room, the culture and history of Nagaoka fireworks, the mechanism and types of fireworks. There are exhibits where you can learn about The museum shop sells goods related to Nagaoka Fireworks. It is a facility full of attractions where you can enjoy learning, playing, and enjoying Nagaoka fireworks all year round.

[Dome theater screening time] ÿ 11:00 - 11:30 ÿ 13:15 - 13:45 ÿ 14:45 - 15:15 ÿ 16:15 - 16:45







fireworks lecture

area Nagaoka



Nagaoka fireworks and their history

The Nagaoka Festival Grand Fireworks Festival is known as one of Japan's three major fireworks festivals, but it has survived two disasters and has been revived. August 1 The Nagaoka Festival, which runs from 1st to 3rd, has its origins in the Nagaoka Reconstruction Festival, which began in 1946, the year after the Nagaoka Air Raid. Learn about Nagaoka fireworks and their history.

Nagaoka Tourism Convention

Please contact the association.





Please inquire about the facility usage lee .

Varies depending on parking facility

• 2-2-6 Otedori, Nagaoka 0258-32-1187 (Nagaoka Tourism and Convention

Association) info@nagaoka-navi.or.jp

Isoroku Yamamoto Memorial Museum, where you can learn about the Nagaoka air raid and think

about the preciousness of peace

area Nagaoka





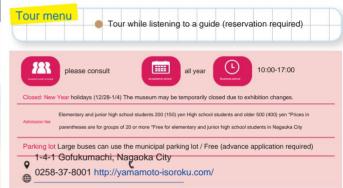
Touch the charm of "Human

Yamamoto Isoroku"

The Yamamoto Isoroku Memorial Hall was built by people who wished to convey the humanity of Yamamoto Isoroku, who lived with a resilient and strong mind in this tumultuous

century. While honing his spirit of both literary and military arts, simplicity and sturdiness, and the spirit of Nagaoka, who was always on the battlefield, he was interested in oil and aviation from an early stage. When the war broke out, he demonstrated his foresight to the world. A large number of Isoroku's letters.

books, and favorite items are on display, and part of the left wing of the Navy's Type 1 land attack aircraft, which was boarded by 11 people, including Commander-in-Chief of the Combined Fleet, Isoroku Yamamoto (59 years old at the time). Bougainville It is the real thing carried out from the jungle of the island.



Nagaoka War Damage Museum

area Nagaoka



Passing on the story of the Nagaoka air raid and raising interest in peace

Nagaoka City is the only large-scale war-damaged city in Niigata Prefecture. On August 1, 1945, about 80% of the city was reduced to a burnt field by an incendiary bombing by a B-29 of the US military, and 1,488 precious lives were lost. The Nagaoka War Damage Museum is a facility to pass down the story of the Nagaoka air raid without fading, and to pass on the preciousness of peace to the next generation.



https://www.city.nagaoka.niigata.jp/kurashi/cate12/sensai/siryoukan.html

peace lecture

Nagaoka



Nagaoka Air Raid and Isoroku Yamamoto

On August 1, 1945, 1,488 precious lives were lost in an air raid by the US military that lasted 1 hour and 40 minutes, turning 80% of the city into a burnt field. The wish for recovery from the air raids is the origin of the Nagaoka Festival. We will convey the preciousness of peace using images from that time. The lecturer is Mr. Hoshitaka, an adviser to the Nagaoka War Damage Museum. Please contact the Nagaoka Tourism and Convention Association for venue arrangements and fees.





Enjoy learning about the coexistence of people and nature in the natural environment

Nagaoka Crested Crested Toki and Nature Learning Center Learn about the ecology and

area
Temple night



environmental conservation of crested ibises and learn

about the relationship between humans and nature

At the observation building "Tokimi-te", you can see the crested ibises raised at the "Distributed Crested Breeding Center" up close. Also next door The "Crested Crested Nature Learning Center", which is in contact with the natural environment through the crested ibis

It is established as a place for learning to think about. You can have fun learning at the exhibition corner of real crested ibis feathers and specimens. can.

On the second floor is Teradomari, Nagaoka City, which introduces life in Teradomari in the early Showa period.

There is also a folklore museum. More than 30 types of seasonal local cuisine are constantly on display as food samples.





Nitokomieru Hall

Temple night



Learn about the structure of the Okozu

diversion channel and disaster prevention

You can learn about the construction details and disaster prevention of the Okozu Diversion

Canal Rehabilitation Project, which is said to be the "great renovation of Reiwa." Nitoko Concierge

It is possible to explain by video, business explanation by AR / VR, and video experience in the theater room.









Tour Take a walk through Settaya, a brewing

town where you can experience the achievements of local



predecessors and experience the history and culture of Nagaoka . mosqu

Tour menu

- (1) "Fast course" (1 hour course)
- Former Kina Saffron Sake Honpo ÿ Koshi no Murasaki ÿ Yoshinogawa Sake Museum Brewery ÿ Fermentation Museum / Rice Warehouse
- ÿ "Satisfaction course" (1 hour 30 minutes course) Former Kina Saffron Sake Honpo ÿ Hoshiroku ÿ Hasegawa Sake Brewery ÿ Hoshino Main Store ÿ Koshi no Murasaki ÿ Yoshinogawa Sake Museum Brewery v Fermentation Museum/Komegura





Up to 15 people 9:00-17:00 yen per guide for up to 3 hours (up to 15 people) All courses depart from and arrive at the Komegura parking lot. parking parking

Nagaoka Civic Center 2F, 2-2-6 Otedori, Nagaoka (,0258-32-1187 (Nagaoka Tourism and Convention

Nagaoka Town Historical Walk "Nagaoka Tourism Volunteer Guide



Tour menu

- - Shofuku-ii Temple v Kakiqawa v Sakon Bank v Yanaqihara Park (Shinmei Sh Park (Hirakata Park: Nagaoka War Victims Memorial Tower) ÿ Peace Forest Park ÿ Meiji Park: Nagaoka Air Raid Bomb nent at the central point y War Damage Museum 4. "Town History Walk" (3
- ÿ Nagaoka Castle ruins ÿ Monument of 100 sacks of rice ÿ Wal side ÿ Nakajima West Army Landing Monument ÿBell of Saifuku-ji Temple ÿMonument of N ÿIsoroku Yamamoto Memorial Park ÿKawai Tsuginosuke Memorial Hall ÿEiryo-ji Temple











9:00-17:00

Guide 2,000 yen per person for up to 3 hours (up to 15 people) Facility entrance

All courses depart from and arrive at Nagaoka Station (Ote Exit/East

Exit) Large buses can use the municipal parking lot/free (prior application required)

Nagaoka Civic Center 2F, 2-2-6 Otedori, Nagaoka City 0258-32-1187 (Nagaoka Tourism and Convention

Association) info@nagaoka-navi.or.jp



Kawai Tsugunosuke Memorial Hall

Nagaoka City Hokuetsu Boshin War Lore Museum Director Oka



Learn the history of the recapture of Nagaoka Castle in the Hokuetsu Boshin War

Remembering the great achievements and life of Tsugunosuke

At the Kawai Tsugunosuke Memorial Museum, which stands on the site of Kawai's residence, you can remembe

It introduces the Hokuetsu Boshin War, great men, history and culture as seen from the Shingumi area. Don't miss the restored model of the "Yonkoyama Cannon" used in the Battle of Hokuetsu Boshin, the Hachichogata Lagoon that can be seen from the balcony on the second floor, and the model that reproduces the recapture of Nagaoka











Experience the history and culture of Nagaoka with the Makino family, the lords of the Nagaoka domain

local predecessors who were active from the early modern period to the modern era. It introduces people. There are also exhibits of folklore materials related to the snow season in the snow country. From the observatory on the 4th floor, you can see the Niigata Plain

Tsuginosuke Kawai, Torasaburo Kobayashi, Yoko Sugimoto, Isoroku Yamamoto, and others who built

Nagaoka's culture and learned about the achievements of

(150) yen Adults 300 (230) yen Parking lot 5 large buses Free (use Yukyuzan Park parking lot)

Using the keyword "Makino family, the lord of the Nagaoka domain," we introduce the historical and cultural characteristics of early-modern Nagaoka. Don't miss the "Restored Model of Nagaoka Castle", the "Restored Model

9:00-17:00



Elementary and junior high school students 150 (110) yen High school students 200

ed 1st and 3rd Mondays, next year (12/28-1/4)

About 30 people

Free parking for 5 large buses

80-24 Miyama-cho, Nagaqka City

Experience the achievements of local predecessors and the history and culture of Nagaoka

Yamakoshi bullring

area

Yoita Museum of History and Folklore

(Kanetsugu Ship Museum)

Yoita



Nationally Designated Important Intangible Folk Cultural

Property, Yamakoshi "Ushi no Tsunotsuki"

Yamakoshi's "Ushi no Tsunotsuki" is said to have taken root as an entertainment in the close relationship between people and cows that were kept in each household as valuable workers in transportation and

agriculture since ancient times. Echigo's 'Ushi no Tsunotsuki' is characterized by the fact that the cows are tied so that they don't get hurt. It is also worth seeing how the men called Seko push their horns together and squeeze Refrest between the cows as they clash violently. Special events can be held exclusively for groups.



At this museum, you will find a bronze

statue of Kanetsugu Naoe, the wise general of the Uesugi

family, and Seibei Nakagawa, the father of Japanese beer . In the "Life of Seibei Nakagawa" section, Japan's first beer brewer who

trained in Germany, panels and DVDs introduce his career and achievements. In addition, the huge canned beer object of "Niigata Limited Beer Flavored Refreshing Nishite" named after Seibei is recommended as a photo spot.





Ryokan no Sato Art Museum

area sum island



A museum located in Wajima, where Ryokan spent his later years

The museum exhibits a large number of books and poetry by Ryokan and his beloved disciple Teishinni, as well as works by other writers and artists associated with him. There is a video room where you can easily learn about Ryokan, and a corner where you can try calligraphy and origami for free.

Kikumori Memorial Art Museum



area

sum island

Nurture your expressiveness and creativity by carefully appreciating the works. **This**

museum displays sculptures and paintings collected over many years by Mr.

Yoshio Kikumori, who was born in Niigata Prefecture. You can get an overview of the genealogy of modern Japanese figurative sculpture, including Rodin, Kotaro Takamura, and Yoshitatsu Yanagihara. Kikumori's thoughtfulness is everywhere, such as the layout where each work can be viewed from a 360-degree angle, the lobby with extravagant marble, and the pebbles that line the approach to the entrance.







Niigata Prefectural Museum of History

Nagaoka



Learn the wisdom of the

snow country and the life of the Jomon people

A vast museum with a total area of 10,000 m2 built on the hills of Sekihara, Nagaoka City.

The museum introduces the history and culture of Niigata Prefecture. In the history exhibition, "History of Niigata Prefecture", "Snow and Life", "Rice Making", In the Jomon exhibition, "The world of the Jomon people" and "Exploring the Jomon culture"

An exhibition corner has been set up, and visitors can observe with commentary from researchers.

The life-size diorama of the Jomon people's life and Gangi Street in the snow country Must see.









•Junior high school students and younger: Free •High school and university students: 200 (160)

Free parking for 5 large buses

- o 1-2247-2 Sekihara-cho, Nagaoka City
- @ 0258-47-6135 http://www.nbz.or.jp/

Umadaka Jomon Museum

area Nagaoka



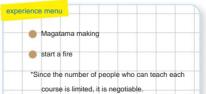
Thinking back to ancient times in

the hometown of flames

Guidance facility for the historical site "Umadaka Sanjuinaba Ruins", a large settlement in the Jomon period. It was excavated from the Umadaka Ruins and became the basis of its name.

There are exhibits that show the culture of the Jomon period, centering on Jomon pottery such as flame-shaped pottery such as 'flaming pottery' and crown-shaped pottery.

It is







•Free for high school students and younger •Adults ¥200 (150) *Prices in parentheses are for groups of 20 or more

parking for 3 large buses

- ## 0258-46-0601 http://www.museum.city.nagaoka.niigata.jp/umataka/



Visit Nagaoka City Teradomari Aquarium Experience the achievements of local

predecessors and the history and culture of Nagaoka Observe

Temple night



and enjoy learning about rare fish and natural creatures

from around the world

About 10,000 rare fish from around the world of about 300 species are on display. Since our hotel is surrounded by the sea, You can enjoy various natural creatures such as black-tailed gulls, many small fish, and seaweed in addition to the creatures raised in the museum. From the observatory, you can see the Sea of Japan and even Sado Island on a clear day.

For school-related groups, "Tanken notebook" (animal breeding in the museum)

A worksheet for finding the name of a fish (can be downloaded from the website of the Teradomari Aquarium)" and programs such as question times.

I mean.













Niigata Prefectural Museum of Modern Art

Nagaoka

In addition to domestic works that give insight into the modern trend, centered on the

"Taiko Collection" by

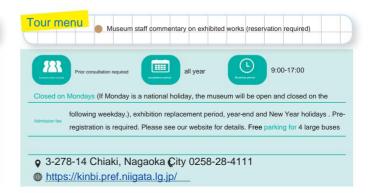
local collectors who come into contact with art in a museum surrounded by nature and hone their sensibilities, there are also works from the Barbizon School, which is deeply involved in modern Japanese art. It collects 19th century Western art, such as the Nabi school, and introduces it through collection exhibitions and special exhibitions. This is an art museum where you can relax and enjoy art in the nature of the four seasons.



"Nagaoka no Oltachi - Natural History and History" introduces the geology and history of Nagaoka, and
"Nagaoka no Oltachi" introduces the living creatures and people living in the mountains, plains and coastal
areas along the Shinano River. Sugata" and "Exhibition of important cultural properties and donated materials".
At the entrance of the museum, the 8-meter-long model of a sea cow restored from a 2-million-year-old fossil is
impressive.



@ 0258-32-0546 https://www.museum.city.nagaoka.niigata.jp/



Cultivate a sense of solidarity with friends through experiential outdoor activities and experience industrial technology

Niigata Prefectural Museum of History

area Nagaoka



Learn the wisdom of the

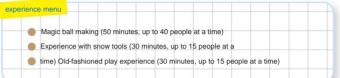
snow country and the life of the Jomon people

At the Niigata Prefectural Museum of History, you can experience combining various activities according to the length of your stay and the age of your child. In addition to a hands-on experience menu such as making Magatama, you can learn about the history of Niigata Prefecture and how the world of the Jomon people was created through CG

images. By combining [exhibition commentary], [hands-on activities], and [video viewing], we will provide a more meaningful and wide-ranging learning experience.













sed Mondays (if Monday is a public holiday, the next weekday)

Junior high school students and younger: Free High school and university students: 200 (160) yen Adults: 520 (410) yen *Prices in parentheses are for groups of 20 or more . free of charge

Free parking for 5 large buses

- 1-2247-2 Sekihara-cho, Nagaoka City
- 0258-47-6135 http://www.nbz.or.jp/

National Echigo Hillside Park

Nagaoka



Enjoy various

experiences and seasonal

flowers in the largest field on the Sea of Jap

At Echigo National Government Park, which has a vast area of 398ha, you can enjoy various sports and recreational activities. You can also enjoy nature walks in the garden where beautiful flowers bloom every season. In the hands-on classroom.

you can experience life in Satoyama and observe living things and plants.







Closed: Irregular holidays, Mondays from January to March

Junior high school students and younger: Free High school students and older: 450 (290) yen *Prices in parentheses are for groups of 20 or more

*Admission is free from December to March Satoyama Experience

Program costs extra Parking lot : 18 large buses Fee: 1,050 circle

- Miyamoto Higashikatamachi, Nagaoka City
- 0258-47-8001 https://echigo-park.jp/

Cultivate a sense of solidarity with friends through experiential outdoor activities and experience industrial technology

Nishikigoi contact experience (Amayachinoyu campsite)

area Yamakoshi



Get in touch with the Japanese beauty and ornamental

fish "Nishikigoi" that you can't usually touch

At Yamakoshi, the mecca of swimming jewels "Nishikigoi", you can experience the work of a Koi master and experience the experience-based travel content where you can interact with Nishikigoi





"Tsutsuki Beef" contact experience



Feel the history of 1000 years of traditional culture

Bullfighting in Yamakoshi has a long history and is said to have originated 1,000 years ago. Cattle were used for cargo handling and farming in rice fields, but they were strong and resistant to cold and hunger, and were essential to human life in a land with a harsh natural environment. Villagers gathered together with the cows they lived with, and before they knew it, competing with their proud cows became a major pastime of the village. Two giant oxen have their horns together in a violent contest of strength. Along with the enthusiasm, please feel the pride of the region that has been handed down for over a thousand years.



Zhongshan Tunnel



Experience precious civil engineering heritage dug by hand

A tunnel with a total length of 877m was dug by local residents over a period of 16 years from 1933 (Showa 8). It is the longest hand-dug tunnel in Japan, and for 50 years until the Nakayama Tunnel was completed in 1998, it supported people's lives as a community road. It is also certified as a civil engineering heritage recommended by the Japan Society of Civil Engineers as the longest hand-dug tunnel in Japan. "You can observe up to 70m from the entrance on the Yamakoshi side.



Learn about Nishikigoi

Yamakoshi

area

Yamakoshi



Experience the unique culture of Nishikigoi, the national fish of Japan

Yamakoshi is known as the largest Nishikigoi production area in Japan. Nishikigoi was certified as the national fish on October 25, 2022. In Yamakoshi, Japanese carp have been bred for food since ancient times. One day, a magoi with bright red spots was discovered, and since then it has been improved and researched by koi breeders. In this program, a tour guide will guide you to a local Koi farmer, and you will be able to observe Nishikigoi farming, listen to the words of the Koi farmer who devotes his life to Nishikigoi, and peer into the abyss of the world.





Yamakoshi souvenir making

Yamakoshi



Easy handmade experience using the kit

A	corn strap Time re	quired:				-	
20	minutes Fee: 700	yen (tax incl	uded)				
Ko	oi-chan strap Time	required:					
30	minutes Fee: 550	yen (tax incl	uded)				
P	OP wood cow mak	ing					
Tir	me required: 30 m	inutes Price:	700 yen (tax	(included)			





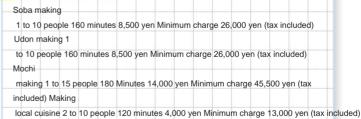


Yamakoshi "food" making experience

Yamakoshi



Ising ingredients from Yamakoshi, you can make soba, udon, rice cakes, and local dishes, and eat them freshly made. The food we make ourselves is excellent









Regular holiday required

consultation meeting Bayamakoshi log

Menu/number of people accepted/time requ

exchange building Parking lot 1 large bus Free of charge

- Promotion Council) https://yamakoshi.place/ja/

Cultivate a sense of solidarity with friends through experiential outdoor activities and experience industrial technology

experience menu

Oguni Washi Production Association





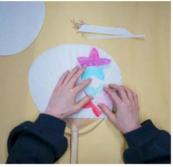
Experience handmade Japanese paper with a history of over 300 years

Paper-making experience 20 people (40-60 minutes) 800

We produce Japanese paper by self-cultivating kozo, the raw material of Japanese paper. You can try your hand at making Japanese paper or making your own using Japanese paper.







Oguni Forest Park Minna no Taikenkan Small Learning about local techniques such as local cuisine and handicrafts

area



It is a complex public facility with a forest campground, "Minna no

Taikenkan", and a day-trip bathing facility "Yorakukan" in an 80ha

satoyama. At the "Experience Hall for Everyone", you can experience various things





Soba making Natural wreath making Botanical candle
glass Ritzen Stencil dyeing Bengara dyeing
ÿ Click here for details

20 people all year 10:00-17:00

Closed on Wednesdays (the next day if it falls on a holiday), December 31st to January 2nd

It depends on the content of the experience fee

Free parking for 5 large buses

- 208 Kamiiwata, Oguni-cho, Nagaoka City
- ©258-95-3161 https://www.ogurin-park.com/



UNEHAUS

area Tochio



Feeling the importance of life through direct contact with farm work and harvesting

Tochio's community activity support center Une House.

People with disabilities can live independently with pride through agricultural work.

This facility was established with the aim of providing





Large lotus root harvesting experience

area



Experience the difficulty of farm work and the joy of harvesting, and learn about the local food culture

Participants harvest lotus roots from lotus root farmers at Oguchi lotus root collection point

After receiving an explanation of the precautions to be taken at the time, head to the
field where the experience will be held. In the field, they wear rubber boots and
divide into groups of 3 people per instructor and harvest while learning tips on harvesting.

experience.

(For harvesting, remove the mud from the top with a digging machine in advance, then dig and keep it empty) ${}^{\circ}$





Doin Kogen where you can cultivate a sense of solidarity with your friends through hands-on outdoor activities and experience

industrial technology

area Tochio





Campsite to enjoy the sky and wind

The Doin Plateau is located at an altitude of 600m on the slopes of Echigo's famous Mt. Morikado. A camp field surrounded by rich nature, it is a beautiful plateau in the Tochio district that has been selected as one of Niigata Prefecture's top 100 forest bathing destinations. During the day you can feel the breeze blowing through the plateau, and at night you can enjoy the twinkling stars that fill your field of view.

- Canoe experience, Baumkuchen making, firewood chopping, walk rally (40 to 50 people divided into teams and experience
- Barbecue camp, campfire (In case) of rain, 27 people at accommodation lodge Doin + evacuation shelter) 20 people) Canoe set ¥80,000, Baumkuchen making ¥800, Wood splitting fire ¥500





May to October



9:00-17:00

Please contact the facility for usage fees

Free parking for 3 large buses 8092 Tochibori, Nagaoka

0258-58-2120 http://www.tochio.net/doin/

Savor a sense of accomplishment through the

Tochio



ds-on menu creation experience in the Tochio area

Tochio Temari Making Experience

80 people In Tochio, where sericulture and weaving were once popular, temari making was popular as lucky charms and gifts. The grandma of the Tochio Temari Association will kindly and carefully guide you and you can experience making Temari with a diameter of about 4

cm in 90 to 120 minutes.

Handkerchief dyeing experience 40 people Handkerchiefs will be dyed using tie-dyeing or board-dyeing using a technique called tate-

zome, which uses only water without the use

of fire. Old-fashioned games such as folktales and beanbags 40 people Listen to Tochio's folktales and enjoy old-fashioned games such as

beanbags and cradles with the Tochio Robatakai

grandma. Scrap Aquarium Seiya Kaji workshop 80 people *Coordinated by Tochio Tourist A To do.











9:00-17:00

Closed on Mondays (open if reserved)

Experience fee Please contact the Tochio Tourism

Association Parking lot 4 large buses Free

1765 Tochio Miyazawa, Nagaoka City (258-51-1331 http://

park8.wakw ak.com/~orinasu/ Inquiries Tochio Tourism Association 0258-51-1195



Teradomari Beach Sports Court Feel the importance of

Temple night



teamwork by having fun on the wide

sandy beach

Opened at Teradomari Central Beach in Teradomari for a limited time from July to September. The area is the size of four beach volleyball courts, and in addition to beach volleyball, beach tennis and beach soccer can also be used. There is also a free rental of equipment.





Beach sports experience

(beach volleyball, beach tennis, beach soccer, beach flags, sumo wrestling, beach sun tossing, tag, dodgeball)



July to September

9:00-16:00

Closed mid-June to end of September Open everyday

Free of charge Consultation required if you need an event instructor

Free parking for 10 large buses

- o Teradomari Central Beach 0258-86-6719
- (Teraspo!) http://teraspo-sc.com/

Teradomari Seaside Park Multi-Purpose Plaza Teradomari

arta



Canoe experience

Temple night

Set out on the sea of Teradomari

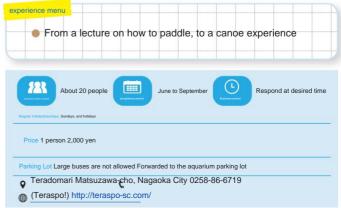
and nurture strength in the midst of nature

You can experience the unique atmosphere of the sea, the calmness of the waves, and the coolness of the blue sky.



Consultation required)





Cultivate a sense of solidarity with friends through experiential outdoor activities and experience industrial technology

Echigo Kawaguchi Yanaba "Otokoyama Fishing Ground"



A power spot over the clear Uono River! Learn traditional fishing methods at Yanaba, which boasts the oldest history and scale in Japan

"Kawaguchi Yanaba Otokoyama Gyoba", which is popular as a summer cool spot, is built on the clear stream of the Uono River and boasts the oldest

and scale in Japan. Catch sweetfish, yamame trout, and carp dancing on the drainboard while splashing vigorously with your bare hands. The caught river fish is slowly grilled over charcoal, and you can eat piping hot grilled sweetfish and ayu-meshi while enjoying the refreshing river breeze.

Yanaba fishing experience Fee: Free However, caught fish will be collected







Experience Exchange Center "Mori no Katarai" Enjoy



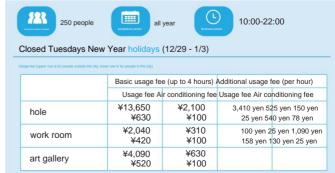




music without worrying about the surroundings at a facility specializing in concert music performances with the magnificent Echigo Sanzan in the background

You can enjoy practice and recitals of piano (Bechstein piano), guitar, trumpet, dance, etc. without worrying about the surroundings. It can also be used as a classroom for circle groups.

Equipment Hall (capacity 250), art gallery, workroom, meeting area, piano (Bechstein piano), broadcasting equipment, whiteboard



Parking lot 4 large buses Free of charge

- guchi Regional Exchange Experience Center) 0258-89-3111 (Kawaguchi Branch Regional



Shop Learn about regional specialties and traditional items

Echigo Nagaoka Tribute Shop

CoCoLo Nagaoka







A souvenir shop where you can find special items from Echigo Nagaoka, mainly from Nagaoka. We carry a variety of products, from local foods to local sake.



10:00-19:00

ar holiday 12/31-1/2 •Facility inspection days (twice a

707 Kita-cho, Nagaoka City 0258-89-6845 https://nagaoka-hanabikan.niigata.jp/

Regional Exchange Center Motenashiya Wajima

A community exchange center in a 180-year-old old private house that you can feel the



heart of Mr. Ryokan, who was loved by people and lived in nature . There is a restaurant where you can enjoy local cuisine and sweets that are only available at roadside stations, as well as a product corner where you can find all the special produc



Closed: 1st Monday of the month, 12/29-1/2

Parking for 10 large buses Free of charge

- ₱ 5713-2 Shimazaki, Nagaoka City
- @ 0258-41-8110 http://www.motenashiya.com

Teradomari Fish Market Street

area

Fish Ameyoko



The fish market street is lined with fresh seafood from the Sea of Japan and seasonal flavors. It has an established reputation for its freshness and low prices, and the wide selection of products unique to a port town. Feel the sea breeze and enjoy the Sea of Japan while stuffing your mouth with hamayak



8:30-17:00

Parking lot 30 large buses free of charge

9353-527 Teradomari Omachi, Nagaoka Teradomari Tourism Association

0258-75-3363 tera@niigata-inet.or.jp







At CoCoLo Nagaoka, which is adjacent to Nagaoka Station where

you can enjoy shopping in the Nagaoka Station building, we have a wide variety of souvenirs unique to Nagaoka and Niigata, such as "rice", "famous confectionery", and "specialties".



•Shopping floor 10:00-19:30 •Food hall

10:00-20:00 •Restaurant floor 10:00-22:00

*Please see the website for details. Parking lot

*Please contact us

ed three times a year

• 1-611-1 Jonaimachi, Nagaoka City 0258-36 7770

Road Station R290 Tochio

Tochio

A roadside station where you can taste Tochio's famous jumbo oil



Food, souvenirs, information, and more about Tochio sightseeing information base!! Tochio Temari, Tochio-produced Koshihikari, famous confection Marudai, local sake, and other Tochio souvenirs. You can enjoy freshly fried Tochio specialty "Aburage" (fried tofu).

10:00-18:00

New Year's

holiday Parking lot 7 large buses Free of charge

- o 1764 Tochio Miyazawa, Nagaoka City
- @ 0258-77-0100 https://r290tochio.jp/

Road Station "Echigo Kawaguchi" Aguri no Satokawa Exit

area

An interesting farmer's market with a local flavor with unique producers



A roadside station with fresh vegetables and products picked every morning from Echigo-Kawaguchi, as well as local processed agricultural products that can only be purchased at Aguri no Sato. You can purchase freshly steamed hot bamboo dango from one pied



9:00 to 18:00

Regular holiday 1st, 3rd, 5th Tuesday (every Tuesday from

December to March) Parking for 4 large buses Free

- 84-2 Kawaguchi Nakayama, Nagaoka City
- @ 0258-89-4550 http://agrinosato.com



Lunch facilityEnjoy food education through local food and manners

Hotel New Otani Nagaoka

Nagaoka



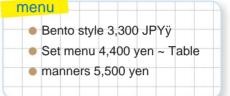
Smart table manners

The instructor will guide you through the full course of French cuisine. I will

These are the manners you should learn in your student life.









374 people (220 people in Shiratori Room , 63 people in Kashiwa Room, 42 people in Yukitsubaki Room)

No fixed holidays

Parking lot 2 large buses Price 2,400 yen per car (tax included) Additional arrangements possible

2-8-35 Daimachi, Nagaoka City

0258-37-1212 http://www.nagaoka-newotani.co.jp

Nagaoka Grand Hotel

area



Lesson while

enjoying the taste of the hotel

The instructor will guide you through the full course of French cuisine. I will

These are the manners you should learn in your student

life. Affordable lunches such as steak lunches and Shokado Bento lunches
There is also Chi.









Shokado bento 2,200 yen

Table manners 5,000 yen



380 people (Eternal 280 people, Aoshi 100 people)

No fixed holidays

Parking for 2 large buses Free of charge Additional arrangements possible

1-2-1 Higashisakanouecho, Nagaoka City

@ 0258-33-2100 https://breezbay-group.com/nagaoka-gh/



Pastoral Nagaoka

Nagaoka



A bento box made with local ingredients from Nagaoka

It is located in the city center and is large because there are several large venues. School acceptance is also possible.

menu

- School trip lunch box (1,700 yen) *Disposable containers are available Koshihikari / Edamame grown in the prefecture, scrambled eggs with vegetable sauce / Deep-fried large lotus root scissors / Fried shrimp, etc.
- School trip lunch box (2,300 yen with dessert)
 - Koshihikari rice / Pickles / Deep-fried large lotus root scissors / Deep-fried chicken thigh with persimmon seeds / Tochio fried tofu pizza / Potato salad with Okinawan edamame / Dessert, etc
- *Some menu items may change due to availability of ingredients. *Both come with a bottle of tea.







554 people (20 people in tatami room, 534 people in table seats)

No fixed holidays (closed from 12/31 to 1/3) Parking

- for 7 large buses Free Please contact us
- o 2-7-25 Koashiro, Nagaoka City
- @ 0258-35-1305 http://www.pastral-n.com

Yomogihira Onsen Izumiya

area

Nagaoka



Experience a kaiseki meal

in the inner parlor of Nagaoka

We are proud of our local Koshihikari rice cooked in a pot. The seafood

from the Sea of Japan landed at nearby ports and the surrounding mountains are abundant.

A local taste that values the season, using vegetables and edible wild plants that can be harvested in abundance Enjoy.







Flower basket set meal 4,450 yen (includes bathing fee)



80 (Tsubaki, Chrysanthemum, Kikyo, Yamabuki 40, Hall 40)

Please inquire about regular holidays

Parking lot 4 large buses Free of charge

- @ 0258-23-2231 https://www.yomogi-izumiya.com/



Lunch facilityHotel Sun Roller

river mouth



Lunch with a view of the confluence of the Shinano River and the Uono River

Access from various directions is possible due to its good access, 10 minutes by car from Kawaguchi IC on the Kanetsu Expressway, and when using the adjacent Kawaguchi Sports Park and

Morinokataraikan. In addition, we offer meals that are particular about local ingredients and located on a hill overlooking the confluence of the Shinano River and the Uono I will





Yamakoshi Bento

Yamakoshi



A bento box where you can feel Yamakoshi as it is

2515-4 Kawaguchi Nakayama Nagaoka City
 0258-89-3000 https://hotel-sunrolla.jp/

It is a catered lunch box born from the heart of local hospitality. oh

Local ingredients that use plenty of local ingredients, not to mention rice

Please enjoy our seasonal menus.







Stay at Sumiyoshiya- ji Temple



Exceptionally fresh seafood procured at auction from

the Teradomari Fishery Cooperative

Sumiyoshiya, which has the bidding rights of the Teradomari Fisheries Cooperative, boasts dishes that use plenty of fresh seafood and local ingredients. On sunny days, you can enjoy a unique time in Teradomari while gazing at the magnificent Sea of Japan, including Sado Island. It is recommended for groups who want to fully enjoy Teradomari. with good access to sightseeing spots such as the Fish Market Street and the Aquarium Museum.

WajimaTour Le MondeWajima







Providing freshly harvested "seasonal" ingredients

that we have seen with our own eyes

This is a restaurant in a renovated 85-year-old wooden school building of the former Shimada Elementary School, a chalk school building on a small hill. It is a popular restaurant, so be sure to make a reservation early.

menu

Chirashizushi/Hamayakizen 1,980 yen



200 people (Main building large banquet hall 100 people, Annex large banquet hall 100 people

for 5 large buses Free of charge

- o 7745-1 Teradomari Omachi, Nagaoka City
- @ 0258-75-3228 http://www.h-sumiyoshiya.net/

menu

Soup, appetizer of the day, homemade bread, fish or meat dish, drink



two large buses Free of charge

- <u>0258-74-3002 http://www.tout-le-monde</u>.com

Nakagawa Seibei Memorial BBQ Beer Garden Board



Seasonal food, Yudokoro, Inn Kiho Mishima







Don't worry about the rain! Barbecue empty-handed

Yoita Seibei Nakagawa Memorial BBQ Beer Garden, located in the Yoita area where Seibei Nakagawa, the founding brewer of Sapporo Beer, was the first to master beer brewing methods in Japan, offers authentic barbecues on the latest grills, You can also enjoy seasonal local vegetables such as Niigata Koshihikari rice cooked with firewood and green soybeans. The large tent can be used safely even in rainy weather.

Standard course 3,500 yen Nagaoka ingredients course 6,000 yen

120 people

November-March Parking for 3

large buses Free of charge

- Yoita Town, Nagaoka City (in Tachibana Park)
- @ 0258-41-5600 https://nagaoka-yoita-beer.jp/

Please enjoy the taste of the season

Located in a place rich in nature with a view of the majestic Higashiyama mountain range, we offer reasonably priced slow food using seasonal ingredients. It is recommended as a lunch facility because it is close to the roadside station "Nagaoka Fireworks Museum" where you can experience Nagaoka fireworks all year round, and it is also easily accessible from the "Nagaoka IC" on the Kanetsu Expressway. Due to the small size of the facility, we cannot accommodate a large number of people, but we are able to meet a wide range of needs.

menu

Fried shrimp and fried chicken set meal 1,500 yen



Hanamizuki no Ma 50 people

nance in June and October Parking lot 2 large buses free

- o 6964 Kamiiwai, Nagaoka City
- @ 0258-42-4126 https://www.kihou.jp



Hotel New Otani Nagaoka

Nagaoka



315 people



101 rooms with twin + triple



Banquet hall, round table or school [Adjusted according to the number of people]

Parking lot 2 large buses 2,400 yen per car (tax included) Additional arrangements possible Location 1 minute walk from JR Nagaoka Station

2-8-35 Daimachi, Nagaoka City 0258-37 212 http://www.nagaoka-newotani.co.jp











Nagaoka Grand Hotel

Nagaoka



121 people



92 rooms

Accommodates 39 people



Banquet hall, round table or school [Adjusted according to the number of people]

Parking lot 2 large buses Fee 1,500 yen - 2,500 yen Location 3 minutes walk from JR Nagaoka Station Near Aore Nagaoka

1-2-1 Higashisakanouechoς Nagaoka City 0258 3-2100 https://breezbay-group.com/nagaoka-gh/











Hotel Sun Rolla

iver mouth



90 people



1 suite room, 27 Western-style rooms, 6 Japanese-



Echigo Kawaguchi Onsen Building 1F Restaurant Kobushi Hotel Sun Roller 1F Restaurant Keyaki

Parking lot 3 large buses Free of charge Location 30 minutes by car from JR Nagaoka Station

♀ 2515-4 Kawaguchi Nakayama, Nagaoka City 0258∰9-3000 https://hotel-sunrolla.jp/

Acceptance conditions / The entire building can be reserved for groups of 50 people or more









Yomogihira Onsen Izumiya

Nagaoka



181 people



37 rooms



Banquet room tatami room/face-to-face or school

3 public baths (30 people x 3)

Free parking for 4 large buses Location 30 minutes by car from JR Nagaoka Station

♥ 1508-2 Homagiramachi, Nagaoka City 0258-29-1131 https://www.yomogi-izumiya.com/

Acceptance conditions/Negotiate if the entire floor is reserved for 60 people or more. Negotiable if the whole building is reserved for 120 people or more









Accommodation

Hananoyado Yomoyamakan

Nagaoka



47 people



13 rooms



Banquet room tatami room/face-to-face or school

2 public baths (for 20 people x 2)

Please inquire for parking Free Location 30 minutes by car from JR Nagaoka Station

130-1 Ko, Homagaira-cho Nagaoka City 0258-23-2121 http://www.yomoyama.co.jp/

Acceptance conditions/floor charter is available according to the number of guests. The whole building can be reserved depending on the number of guest









Horaikan Fukubikiya

Nagaoka



117 people



23 rooms



Banquet room tatami room/face-to-face or school

2 public baths (10 people x 2)

Free parking for 3 large buses Location 30 minutes by car from JR Nagaoka Station

♥ Ko 1227, Homagaira-cho Nagaoka City 0258-2221 http://www.fukubikiya.co.jp

cceptance conditions/Gender-segregated floor can be reserved for 12 or more people. If you want to reserve the whole building, please consult us for more than 40 people











Delicious Inquirer Sumiyoshiya

Temple night



110 people

Main building 80
people Annex 30 people



30 rooms

Main building 23



Facing the banquet hall or school

3 public baths Main building (15 people x 1, 10 people x 1), Annex (10 people x 1)

Free parking for 5 large buses Location 40 minutes by car from JR Nagaoka Station

 P 7745-1 Teradomari Omachi
 Nagaoka City 0258-#5-3228 http://www.h-sumiyoshiya.net/









Hotel Asuka

Temple nigh



120 people



31 rooms



Facing the banquet hall or school

2 public baths (for 20 people x 2)

Free parking for 8 large buses Location 35 minutes by car from JR Nagaoka Station

♥ 107 Nozumi Teradomar Nagaoka City 0258- -6111 https://www.hotel-asuka.jp









